



**For Immediate Release**

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### **Adult travelers see the world together**

**Fairfield, California (Wednesday, July 18, 2012)**—According to psychologist Dr. Stephanie Smith of Erie, Colorado, “Traveling is good for our mental health. It gives us a break from our day-to-day routines, it exposes us to different ideas and cultures, and it allows us to build memories with our family and friends.” Senior group travel provides just the break we all need. It gives you the freedom to see the world without any logistical worries.

The Community Resources Department for the City of Fairfield welcomes Premier World Discovery on Wednesday, July 25, beginning at 10 a.m. in the Christiansen Room at the center, located at 1200 Civic Center Drive.

Premier World Discovery will highlight their trips planned for this year and beyond. Come hear about the itineraries for an all-inclusive to the Dominican Republic, Gardens and Mansions, Smokey Mountains and Bluegrass, Pacific Northwest Adventure, and Alpine Countries for Oktoberfest. Adults are encouraged to sign up six months in advance, especially for the most popular destinations. Reservations are taken on a first come, first served basis.

Other itineraries available, but not on the presentation schedule this month, are trips to South Lake Tahoe, Pageant of the Masters, multiple trips to Reno, Italy, Australia, San Antonio for the Holidays, Christmas in the Ozarks, and even more for 2013, including a cruise up the Yangtze River. The travel program plans to offer a Scandinavian Cruise, South Africa, and more in the future.

For more information on senior group travel experiences, as well as the Fairfield Senior Center, contact Senior Services Coordinator Jane Kibbey at 707-429-6291 or e-mail [jkibbey@fairfield.ca.gov](mailto:jkibbey@fairfield.ca.gov)

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**About the City of Fairfield Community Resources Department**

The Community Resources Department's mission is to shape our community's future by offering an array of programs and services that meet the needs of Fairfield residents. The department strives to provide resources for all aspects of daily life. Community Resources operates affordable housing programs, recreational classes, neighborhood improvement programs, senior services, sports and aquatics programs, and youth activities. The department manages the Aquatics Complex at Allan Witt Park, Sports Center, Fairfield Community Center, Fairfield Senior Center, neighborhood centers, and sports fields.